

PCI1207

# Cooking to Learn 2

*Integrated Reading and Writing Activities*

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PCI educational publishing

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PCI 1207.max

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## SNACKS/DESSERTS

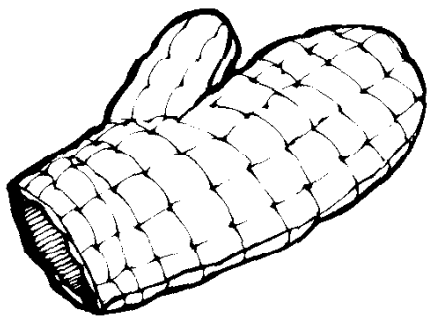
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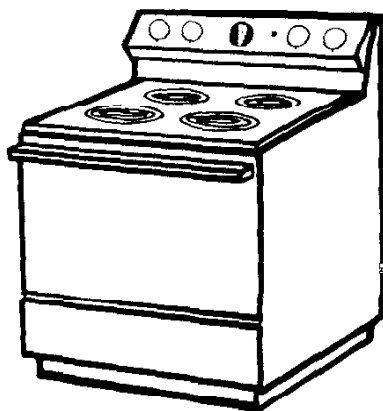
# Safety Rules

1



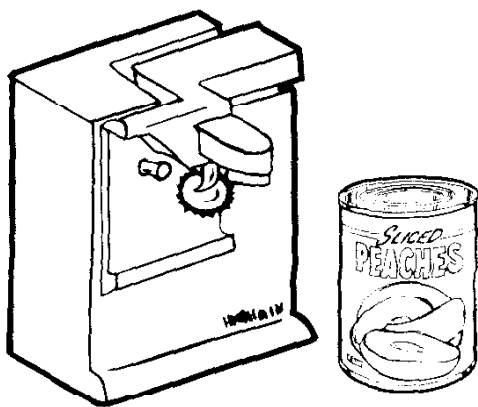
**Use oven mitts  
when needed.**

2



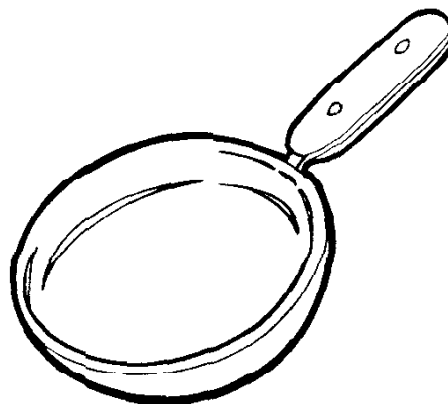
**Always turn the  
stove-top burners  
and the oven to Off.**

3



**Be careful when  
opening cans and  
throwing away the lids.**

4



**Turn pan handles to  
the back of the stove.**

# Morning Surprise



## MATERIALS NEEDED / DIRECTIONS

Serves: One

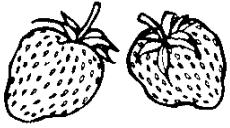
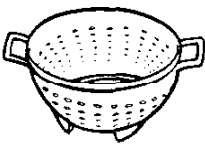
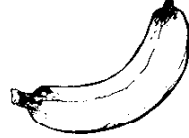
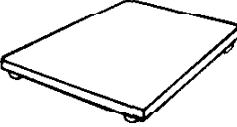

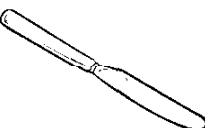





Food Items	Cooking Items
fresh strawberries (3) banana granola vanilla yogurt (8 ounces) whipped cream	strainer cutting board dinner knife tablespoon plastic drinking cup teaspoon

Directions
<ol style="list-style-type: none"><li>1. Place the strawberries in the strainer, and wash them in the sink.</li><li>2. Place the strawberries on the cutting board.</li><li>3. Use the dinner knife to cut the stems off the strawberries and cut them into slices.</li><li>4. Peel the banana, and place it on the cutting board.</li><li>5. Use the dinner knife to cut the banana in half, and cut one half into thin slices.</li><li>6. Use the tablespoon to cover the bottom of the cup with granola.</li><li>7. Use the tablespoon to add a layer of bananas and a layer of strawberries.</li><li>8. Use the teaspoon to add a layer of yogurt.</li><li>9. Add another layer of granola.</li><li>10. Add another layer of bananas and another layer of strawberries.</li><li>11. Add another layer of yogurt and top with whipped cream.</li><li>12. Use the tablespoon to sprinkle granola on top of the whipped cream.</li></ol>

# Morning Surprise

MATERIALS NEEDED



Food Items	Cooking Items
 <p data-bbox="300 598 560 630">fresh strawberries (3)</p>	 <p data-bbox="1015 598 1120 630">strainer</p>
 <p data-bbox="381 840 479 871">banana</p>	 <p data-bbox="982 840 1153 871">cutting board</p>
 <p data-bbox="381 1092 479 1123">granola</p>	 <p data-bbox="990 1092 1144 1123">dinner knife</p>
 <p data-bbox="284 1333 576 1365">vanilla yogurt (8 ounces)</p>	 <p data-bbox="990 1333 1144 1365">tablespoon</p>
 <p data-bbox="332 1585 527 1617">whipped cream</p>	 <p data-bbox="941 1585 1193 1617">plastic drinking cup</p>  <p data-bbox="998 1827 1128 1858">teaspoon</p>

Name \_\_\_\_\_

Date \_\_\_\_\_

# Morning Surprise

## COMPREHENSION QUESTIONS



Answer the following questions with complete sentences.

1. Describe how you washed the strawberries.

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2. What are 3 words that describe a banana?

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3. Why did you use the cutting board when you cut the banana and strawberries into slices?

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4. Name 2 other fruits you could use to make a morning surprise.

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5. What food in the morning surprise was crunchy?

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